

Advantages of the LINKS Model

- Intensive treatment benefits entire family
- Continuity of care supports each phase of the process
- Consistent behavioral model supports the teen and family
- Highly skilled clinicians are part of a consistent team
- Flexibility of services meets specific family and adolescent needs
- Cost savings compare favorably to group home placement

*In response to Christ's love,
Lutheran Social Services
serves and cares for people in need.*

Lutheran Social Services (LSS) is a social ministry organization of the Lutheran Church that has been serving people in need in New England since 1872, regardless of their background or belief. LSS administers 55 programs throughout New England, serving more than 4,200 people every day.

Lutheran Social Services

Administrative Offices

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To **make a referral** to LSS Family Connections contact the Antrim Girls Shelter at 603-588-3124.

LSS Family Connections

A Program of Lutheran Social Services

The LSS LINKS Model:



*Bringing together
shelter care and
home-based
services*

 Lutheran Social Services



Supporting family reunification and preservation

The LSS LINKS Model

This unique LSS model links three Family Connections programs to provide continuity of service between the residential placement of adolescent girls and in-home supports for families:

- Antrim Girls Shelter
- ISO In-Home Services
- Home-Based Family Therapy

The key purpose of the model is to support family reunification and preservation, and avoid more costly group home placements.



How the LSS LINKS Model works

The LSS LINKS Model provides the entire family with a seamless continuum of service with a consistent team of professionals.

Phase 1. The Antrim Girls Shelter

Service begins with placement at the LSS Antrim Girls Shelter. Here, adolescent girls experience compassionate and structured stabilization services, following the “Boys Town Behavioral Model.” Psychosocial and academic assessment, educational services, and personal strength-building skills are among the key aspects of the program.

Suggested treatment timeframe: 45 days

Phase 2. ISO In-Home Services

Prior to family reunification, we provide intensive support in the home to prepare for the adolescent's return. Once the family has been reunified, our services continue to address family needs and challenges, with the teen actively involved.

Throughout this process, ISO In-Home Services emphasizes:

- **Building skills** to create a healthy family environment
- **Exploring options** by learning about other local community support systems
- **Maintaining safety** through respite services and emergency 24/7 crisis support

Suggested treatment timeframe: 90 days

Phase 3. Home-Based Therapy

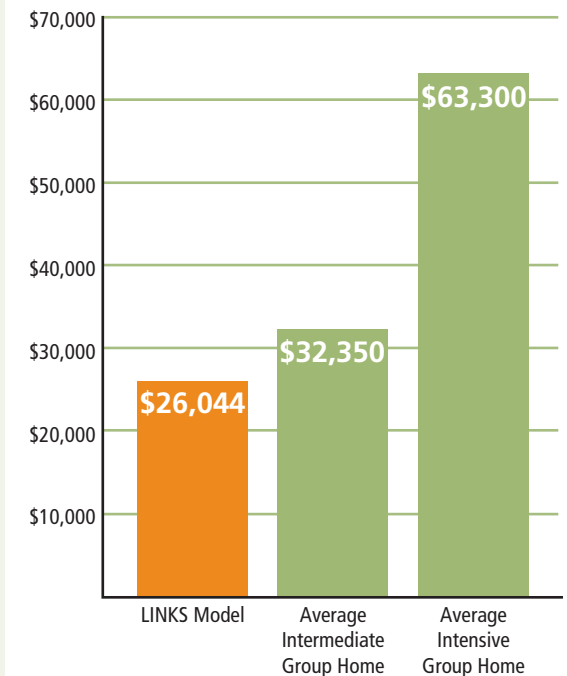
Home-Based Therapy begins once the family has stabilized and has the ability to implement the strategies and skills learned. In collaboration with community resources, we continue to support the family through ongoing therapy, parent empowerment training, and continued 24/7 emergency crisis support.

Suggested treatment timeframe: 90 days

LINKS Model cost savings

In addition to providing an exemplary level of support to adolescent girls and their families, the LSS LINKS Model also provides significant cost savings when compared with Intermediate Group Home and Intensive Group Home placement.

The LSS LINKS Model Saves \$6,300 to \$37,200 Per Placement*



* Calculations are based on 225 days of care, at 2008 rates.

Questions, other inquiries, or to make a referral

Contact the Antrim Girls Shelter at 603-588-3124